

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



February 2026

Black History, Winter Olympics, Valentines' Day & more on ABCD

Black History Month Family Visits and Independent Activities 10:30 Catholic TV Mass (YouTube- Comm) 11:00 Morning Activity Fun (Comm) 11:00 Catholic Eucharist (Rm-Rm) Tu B'Shevat Begins	Groundhog/ WEAR RED Day 9:30 Chrons & Calendars 10:30 Catholic TV Mass 11:00 K-W-L Winter Olympics 1:00 Calendars & 1:1s 2:30 Monday Matinee! (Commodore) Groundhog Day	HAIR SALON DAY (Be sure to sign up!) 9:30 Chrons/Mail 10:30 Catholic TV Mass (Commodore) 11:00 Name 5ive + (G) 1:00 ABCD 1:1s 2:30 Music Your Way w/Lauren A. (Comm) 3:00 Olympic Flag Craft (Comm) 3:30 BINGO! (Comm)	3 9:30 Chrons/Mail 10:30 Catholic TV Mass (Commodore) 11:00 Name 5ive + (G) 1:00 ABCD 1:1s 2:30 Music Your Way w/Lauren A. (Comm) 3:00 Olympic Flag Craft (Comm) 3:30 BINGO! (Comm)	4 9:30 Chrons/Mail 10:30 Catholic TV Mass (Commodore) 11:00 Name 5ive + (G) 1:00 ABCD 1:1s 2:30 Music Your Way w/Lauren A. (Comm) 3:00 Olympic Flag Craft (Comm) 3:30 BINGO! (Comm)	5 9:30 Chrons/Mail 10:30 Catholic TV Mass (Commodore) 11:00 Chair Exercise-G 1:00 ABCD 1:1s 2:30 Whack-A-Groundhog (CapQ) 3:00 Scattergories-G 6:00 Wrestling Club (Commodore)	6 9:30 Chrons & Calendars 10:30 Catholic TV Mass 11:00 Chair Yoga - A 1:00 ABCD 1:1s 2:00 Olympic Ceremony & Trivia (Comm) 3:00 BINGO! (Comm)	7 9:30 Chrons/Mail 10:30 Catholic TV Mass 11:00 Hangman 1:30 ABCD 1:1s 2:30 Fun with Adam (EF) 3:45 Jeopardy! (Comm) Family visits and independent activities
8 10:30 Catholic TV Mass 11:00 Morning Activity Fun (Comm) 11:00 Catholic Eucharist (Rm-Rm) 2:00 Christian Worship with Immaculate Redemption Church (Comm) 6:15 Super Bowl Party (Commodore)	9 9:30 Chrons/Mail 10:30 Catholic TV Mass (YouTube-Comm) 11:00 Black History Trivia (Comm) 1:00 ABCD 1:1s 2:30 Monday Matinee! (Commodore)	HAIR SALON DAY (Be sure to sign up!) 9:30 Chrons/Mail 10:30 Catholic TV Mass 11:00 Chair Exercise-G 1:00 ABCD 1:1s 3:00 Making Rice Krispie Treats 3:30 BINGO! (Comm)	10 9:30 Chrons/Mail 10:30 Catholic TV Mass 11:00 Word in a Word 1:00 ABCD 1:1s 2:30 Music with Lou Manzi (Comm) 3:30 Bingo Blitz (Comm) 6:00 Yahtzee (Comm)	11 9:30 Chrons/Mail 10:30 Catholic TV Mass (Commodore) 11:00 Word in a Word 1:00 ABCD 1:1s 2:30 Music with Lou Manzi (Comm) 3:30 Bingo Blitz (Comm) 6:00 Yahtzee (Comm)	12 9:30 Chrons/Mail 10:30 Catholic TV Mass (Commodore) 11:00 Memory Blocks w/Adam (Comm) 1:00 ABCD 1:1s 2:30 Valentine's Party w/cocoa & cards (Commodore) 3:30 Jeopardy!	13 9:30 Chrons/Mail (ABCD) 10:30 Catholic TV Mass 11:00 Chair Exercise -A 1:00 ABCD 1:1s 2:00 Olympic Curling Game (Comm) 3:00 BINGO! (Comm)	14 9:30 Chrons/Mail 10:30 Catholic TV Mass 11:00 Hangman 1:30 ABCD 1:1s 2:30 Fun with Adam (EF) 3:45 Pokeno! (Comm) Family visits and independent activities Valentine's Day
15 Family Visits and Independent Activities 10:30 Catholic TV Mass (YouTube- Comm) 11:00 Morning Activity Fun (Comm) 11:00 Catholic Eucharist (Rm-Rm) 2:00 Monday Matinee! (Commodore)	16 9:30 Chrons/Mail 10:30 Catholic TV Mass (YouTube-Comm) 11:00 Presidential Trivia (Comm) 1:00 ABCD 1:1s 2:00 Monday Matinee! (Commodore) Presidents' Day (U.S.)	PRESIDENT'S DAY 17 9:30 Chrons/Mail 10:30 Catholic TV Mass (YouTube-Comm) 11:00 Presidential Trivia (Comm) 1:00 ABCD 1:1s 2:00 Monday Matinee! (Commodore) Presidents' Day (U.S.)	18 9:30 Chrons/Mail 10:30 Catholic TV Mass 11:00 Name 5ive + (G) 1:30 Ash Distribution & Communion (Comm) 3:00 Trade the Ace (CapQ) 6:00 Wrestling Club (Commodore)	19 9:30 Chrons/Mail 10:30 Catholic TV Mass (Commodore) 11:00 Trivia w/Adam (Comm) 1:00 ABCD 1:1s 2:30 Resident Council (CapQ) 3:45 Ninja Stars (CapQ)	20 9:30 Chrons/Mail (ABCD) 10:30 Catholic TV Mass 11:00 Chair Exercise -A 1:00 ABCD 1:1s 2:00 Olympic Shooting Event (Comm) 3:00 BINGO! (Comm)	21 9:30 Chrons/Mail 10:30 Catholic TV Mass 11:00 Hangman 1:30 ABCD 1:1s 2:30 Fun with Adam (EF) 3:45 Jeopardy! (Comm) Family visits and independent activities	
22 Family Visits and Independent Activities 10:30 Catholic TV Mass (YouTube- Comm) 11:00 Morning Activity Fun (Comm) 11:00 Catholic Eucharist (Rm-Rm) 2:30 Monday Matinee! (Commodore)	23 9:30 Chrons/Mail 10:30 Catholic TV Mass (YouTube-Comm) 11:00 Word in a Word 1:00 ABCD 1:1s 2:00 Olympic Slalom Game (Comm) 3:00 BINGO! (Comm)	HAIR SALON DAY (Be sure to sign up!) 9:30 Chrons/Mail 10:30 Catholic TV Mass 11:00 Chair Exercise-G 1:00 ABCD 1:1s 2:00 Olympic Slalom Game (Comm) 3:00 BINGO! (Comm)	24 9:30 Chrons/Mail 10:30 Catholic TV Mass 11:00 Name 5ive + (G) 1:00 ABCD 1:1s 2:30 Feb. Birthday Party w/Troubadour & Little John (Comm) 3:45 Jeopardy! (Comm) 6:00 Yahtzee	25 9:30 Chrons/Mail 10:30 Catholic TV Mass 11:00 Trivia Fun (Comm) 1:00 ABCD 1:1s 2:30 Feb. Birthday Party w/Troubadour & Little John (Comm) 3:45 Jeopardy! (Comm) 6:00 Yahtzee	26 9:30 Chrons/Mail 10:30 Catholic TV Mass (Commodore) 11:00 Memory Blocks w/Adam (Comm) 1:00 ABCD 1:1s 2:30 Match Game (Comm) 3:30 Snowball Fight!	27 9:30 Chrons/Mail (ABCD) 10:30 Catholic TV Mass 11:00 Chair Exercise -A 1:00 ABCD 1:1s 2:30 Bingo Blitz 3:00 BINGO! (Comm) 6:00 Friends of Jesus (Comm)	28 9:30 Chrons/Mail 10:30 Catholic TV Mass 11:00 Hangman 1:30 ABCD 1:1s 2:30 Fun with Adam (EF) 3:45 Pokeno! (Comm) Family visits and independent activities

ACTIVITIES & LOCATIONS MAY BE SUBJECT TO CHANGE

Complete Care Groton Regency, 1145 Poquonock Road, Groton

