

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



**DR. SEUSS DAY** 2  
 9:30 Chrons & Calendars  
 10:30 Catholic TV Mass  
 11:00 March Trivia  
 1:00 Calendars & 1:1s  
 2:00 Dr. Seuss Stories  
**2:30 Monday Matinee! (Commodore)**  
 Purim Begins

**HAIR SALON DAY** 3  
*(Be sure to sign up!)*  
 9:30 Chrons/Mail  
 10:30 Catholic TV Mass  
 11:00 Chair Exercise-G  
 1:00 ABCD 1:1s  
 2:30 Bird Call Trivia (Comm)  
**3:30 BINGO! (Comm)**

4  
 9:30 Chrons/Mail  
 10:30 Catholic TV Mass  
 11:00 Name Five + (G)  
 1:00 ABCD 1:1s  
**1:30 Catholic Eucharistic Service (Comm)**  
 2:30 Shoot the Hoops  
 3:30 Scattergories-G  
 6:00 Yahtzee

5  
 9:30 Chrons/Mail  
 10:30 Catholic TV Mass (Commodore)  
 11:00 Wordle w/Adam  
 1:00 ABCD 1:1s  
**2:30 MUSICAL BINGO (Comm)**  
 3:30 Ninja Stars (Comm)

6  
 9:30 Chrons/Mail  
 10:30 Catholic TV Mass  
 11:00 Chair Yoga - A  
 1:00 ABCD 1:1s  
 2:30 Karaoke (Comm)  
**3:30 BINGO! (Comm)**

7  
 9:30 Chrons/Mail  
 10:30 Catholic TV Mass  
 11:00 Hangman  
 1:30 ABCD 1:1s  
 2:30 Fun with Adam (EF)  
 3:45 Jeopardy! (Comm)  
 Family visits and independent activities

**DAYLIGHT SAVINGS STARTS TODAY** 8  
 10:30 Catholic TV Mass  
 11:00 Morning Activity Fun (Comm)  
 11:00 Catholic Eucharist (Rm-Rm)  
**2:00 Christian Worship with Immaculate Redemption Church (Comm)** Time Begins

9  
 9:30 Chrons/Mail  
 10:30 Catholic TV Mass (YouTube-Comm)  
 11:00 Lots of Laughs (Comm)  
 1:00 ABCD 1:1s  
**2:30 Monday Matinee! (Commodore)**

**HAIR SALON DAY** 10  
*(Be sure to sign up!)*  
 9:30 Chrons/Mail  
 10:30 Catholic TV Mass  
 11:00 Chair Exercise-G  
 1:00 ABCD 1:1s  
**2:30 The Rules of the (Scavenger) Hunt**  
**3:30 BINGO! (Comm)**

11  
 9:30 Chrons/Mail  
 10:30 Catholic TV Mass  
 11:00 Word in a Word  
 1:00 ABCD 1:1s  
**2:30 Music w/Clayton Allen (Comm)**  
**3:45 HEADS UP! (Comm)**  
 6:00 Wrestling Club

12  
 9:30 Chrons/Mail  
 10:30 Catholic TV Mass (Commodore)  
 11:00 Memory Blocks w/Adam (Comm)  
 1:00 ABCD 1:1s  
 2:30 Board Games  
 3:30 Jeopardy!

13  
 9:30 Chrons/Mail (ABCD)  
 10:30 Catholic TV Mass  
 11:00 Chair Exercise -A  
 1:00 ABCD 1:1s  
**2:30 Umbrella Ball! (Comm)**  
**3:30 BINGO! (Comm)**

14  
 9:30 Chrons/Mail  
 10:30 Catholic TV Mass  
 11:00 Hangman  
 1:30 ABCD 1:1s  
 2:30 Fun with Adam (EF)  
 3:45 Pokeno! (Comm)  
 Family visits and independent activities

15  
 Family Visits and Independent Activities  
 10:30 Catholic TV Mass (YouTube- Comm)  
 11:00 Morning Activity Fun (Comm)  
 11:00 Catholic Eucharist (Rm-Rm)

16  
 9:30 Chrons/Mail  
 10:30 Catholic TV Mass (YouTube-Comm)  
 11:00 Basketball/Sports Trivia (Comm)  
 1:00 ABCD 1:1s  
**2:00 Monday Matinee! (Commodore)**

**ST. PATRICK'S DAY** 17  
*(Wear Green today)*  
**HAIR SALON DAY**  
*(Be sure to sign up!)*  
 9:30 Chrons/Mail  
 10:30 Catholic TV Mass  
 11:00 St. Patrick's K-W-L  
**2:00 SCAVENGER HUNT!**  
**2:30 St. Pat's Singalong Party w/ Lauren A. (Comm)**  
**3:30 BINGO! (Comm)**  
 St. Patrick's Day

18  
 9:30 Chrons/Mail  
 10:30 Catholic TV Mass  
 11:00 Name Five + (G)  
 2:30 Creative Corner (CapQ)  
 3:30 Trade the Ace (CapQ)  
 6:00 Yahtzee

19  
 9:30 Chrons/Mail  
 10:30 Catholic TV Mass (Commodore)  
 11:00 Trivia w/Adam (Comm)  
 1:00 ABCD 1:1s  
**2:30 Food Committee & Resident Council (CQ)**  
 3:45 Balloon Goalies

**SPRING BEGINS! & ASTROLOGY DAY** 20  
 9:30 Chrons/Mail (ABCD)  
 10:30 Catholic TV Mass  
 11:00 Chair Exercise -A  
 1:00 ABCD 1:1s  
**2:30 Planting/Garden Club starts (Comm)**  
**3:30 BINGO! (Comm)**  
 Spring Begins

21  
 9:30 Chrons/Mail  
 10:30 Catholic TV Mass  
 11:00 Hangman  
 1:30 ABCD 1:1s  
 2:30 Fun with Adam (EF)  
 3:45 Jeopardy! (Comm)  
 Family visits and independent activities

22  
 Family Visits and Independent Activities  
 10:30 Catholic TV Mass (YouTube- Comm)  
 11:00 Morning Activity Fun (Comm)  
 11:00 Catholic Eucharist (Rm-Rm)

**NTL. PUPPY DAY!** 23  
 9:30 Chrons/Mail  
 10:30 Catholic TV Mass (YouTube-Comm)  
 11:00 Puppy Dog Trivia  
 1:00 ABCD 1:1s  
**2:30 Monday Matinee! (Commodore)**

**HAIR SALON DAY** 24  
*(Be sure to sign up!)*  
 9:30 Chrons/Mail  
 10:30 Catholic TV Mass  
 11:00 Chair Exercise-G  
 1:00 ABCD 1:1s  
 2:00 Board Games (Comm)  
**3:30 BINGO! (Comm)**

25  
 9:30 Chrons/Mail  
 10:30 Catholic TV Mass  
 11:00 Trivia Fun (Comm)  
 1:00 ABCD 1:1s  
 2:30 Feb. Birthday Party w/Troubadour & Little John (Comm)  
 3:45 Jeopardy! (Comm)  
 6:00 Wrestling Club

26  
 9:30 Chrons/Mail  
 10:30 Catholic TV Mass (Commodore)  
 11:00 Memory Blocks w/Adam (Comm)  
 1:00 ABCD 1:1s  
**2:30 March BD Party w/Kipp Sturgeon (Comm)**  
 3:45 Jeopardy!

27  
 9:30 Chrons/Mail (ABCD)  
 10:30 Catholic TV Mass  
 11:00 Chair Exercise -A  
 1:00 ABCD 1:1s  
 2:30 Bingo Blitz  
**3:30 BINGO! (Comm)**  
**6:00 Friends of Jesus (Comm)**

28  
 9:30 Chrons/Mail  
 10:30 Catholic TV Mass  
 11:00 Hangman  
 1:30 ABCD 1:1s  
 2:30 Fun with Adam (EF)  
 3:45 Pokeno! (Comm)  
 Family visits and independent activities

**PALM SUNDAY** 29  
 Family Visits and Independent Activities  
 10:30 Catholic TV Mass (YouTube- Comm)  
 11:00 Morning Activity Fun (Comm)  
 11:00 Catholic Eucharist (Rm-Rm)  
 Palm Sunday

30  
 9:30 Chrons/Mail  
 10:30 Catholic TV Mass (YouTube-Comm)  
 11:00 Name Five Plus  
 1:00 ABCD 1:1s  
**2:30 Monday Matinee! (Commodore)**

**HAIR SALON DAY** 31  
*(Be sure to sign up!)*  
 9:30 Chrons/Mail  
 10:30 Catholic TV Mass  
 11:00 Chair Exercise-G  
 1:00 ABCD 1:1s  
 2:00 Painting craft (Comm)  
**3:30 BINGO! (Comm)**

**March 2026**  
**Spring is in the Air/March Madness/Music**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>DOCTOR SEUSS DAY</b> 9:30 Reading Seuss 10:45 Move to Music 11:30 Sensory Time 1-2:30 Zooms/ 1:1 <b>2:30 Matinee (Comm)</b> 3:00 Beanbag Toss 4:30 Classic TV Memories 5:30 Axe Throwing 6:00 Hangman <small>Purim Begins</small>	9:30 Shenanigans 10:45 Would You Rather 11:30 Picture talk 1-2:00 Pretty Nails 2:45 Pet Grooming 3:30 BINGO 4:30 Sensory Time 5:30 Ball Toss 6:00 Name that Tune	9:30 Morning Fun 10:45 Chair Exercises 11:30 Sensory Time 1-2:00 Room Visits/1:1 2:45 Baby Sitting 4:30 Picture Talk 5:30 Roll the Dice 6:00 Charades	9:30 Start Me Up 10:45 Ball Toss 11:30 Picture Talk 1-2:00 Pretty Nails 2:45 Sing Along 4:30 Sensory Time 5:30 Bowling 6:00 Conversation Cards	9:30 Rise & Shine 10:30 Active Games 11:30 Hand massages 1-2:00 Activity packets/ RM-RM visits 2:00 Scentsory Time 3:30 BINGO (Comm) 6:00 Reminisce w/ Greg	9:30 Liven Up with Greg 11:00 Hangman w/ Adam (Comm) 2:30 Fun w/ Adam (EF) 3:45 Pokeno (Comm)
<b>DAYLIGHT SAVINGS</b> 10:30 Active Games 11:00 Cats' Morning Activity 1-2:00 RM Visits/1:1 <b>2:00 Christian Worship with Immaculate Redemption Church (Comm)</b> <small>Daylight Saving Time Begins</small>	9:30 Rise & Shine 10:30 Move to Music 11:30 Sensory Time 1-2:30 Zooms/ 1:1 <b>2:30 Matinee (Comm)</b> <b>2:45 Piano Man Frank</b> 4:30 Classic TV Memories 5:30 Bowling 6:00 Family Feud	9:30 Shenanigans 10:45 Would You Rather 11:30 Picture Talk 1-2:00 Pretty Nails 2:45 Singalong 3:30 BINGO 4:30 Sensory Time 5:30 Skunked 6:00 Name that Object	9:30 Morning Fun 10:45 Chair Exercise 11:30 Sensory Time 1-2:00 Room Visits/1:1 <b>2:30 Music w/Clayton Allen (Comm)</b> 2:45 Singalong 4:30 Picture Talk 5:30 Ballon Toss 6:00 Talk about It	9:30 Start Me Up 10:45 Ball Toss 11:30 Picture talk 1-2:00 Pretty Nails 2:45 Sing Along <b>2:45 Piano Man Frank</b> 4:30 Sensory Time 5:30 Basketball 6:00 Trivia	9:30 Rise & Shine 10:30 Active Games 11:30 Hand massages 1-2:00 Activity packets/ RM-RM visits <b>2:00 Pet visit w/Therapy Cocker, MAZZY</b> 3:30 BINGO (Comm) 6:00 Reminisce w/ Greg	11:00 Fun w/ Adam (Comm) 2:30 Fun w/ Adam (EF) 3:45 Jeopardy (Comm)
10:30 Active Games 11:00 Cats' Morning Activity 1-2:00 RM Visits/1:1 2:45 Hit That Thing!	9:30 Rise & Shine 10:45 Move to Music 11:30 Sensory Time 1-2:30 Zooms/ 1:1 <b>2:30 Matinee (Comm)</b> <b>2:45 Piano Man Frank</b> 4:30 Classic TV Memories 5:30 Axe Throwing 6:00 Hangman	<b>ST. PATRICK'S DAY</b> 9:30 Shenanigans 10:45 Would You Rather 11:30 Picture talk 1-2:00 Pretty Nails <b>2:30 St. Pat's Singalong Party with Lauren A. (Comm)</b> 2:45 Pet Grooming 3:30 BINGO 4:30 Sensory Time 5:30 Ball Toss 6:00 Name that Tune <small>St. Patrick's Day</small>	9:30 Morning Fun 10:45 Chair Exercises 11:30 Sensory Time 1-2:00 Room Visits/1:1 2:45 Baby Sitting 4:30 Picture Talk 5:30 Roll the Dice 6:00 Charades	9:30 Start Me Up 10:45 Ball Toss 11:30 Picture talk 1-2:00 Pretty Nails <b>2:30 Food Committee &amp; Resident Council (CQ)</b> <b>2:45 Piano Man Frank</b> 4:30 Sensory Time 5:30 Bowling 6:00 Conversation Cards	9:30 Rise & Shine 10:30 Active Games 11:30 Hand massages 1-2:00 Activity packets/ RM-RM visits 2:00 Scentsory Time 3:30 BINGO (Comm) 6:00 Reminisce w/ Greg <small>Spring Begins</small>	9:30 Liven Up with Greg 11:00 Fun w/ Adam (Comm) 2:30 Fun w/ Adam (EF) 3:45 Trade the Ace (Comm)
10:30 Active Games 11:00 Cats' Morning Activity 1-2:00 RM Visits/1:1 2:45 Creative Corner	9:30 Rise & Shine 10:30 Move to Music 11:30 Sensory Time 1-2:30 Zooms/ 1:1 <b>2:30 Matinee (Comm)</b> <b>2:45 Piano Man Frank</b> 4:30 Classic TV 5:30 Bowling 6:00 Family Feud	9:30 Shenanigans 10:45 Would You Rather 11:30 Picture Talk 1-2:00 Pretty Nails 2:45 Singalong! 3:30 BINGO 4:30 Sensory Time 5:30 Skunked 6:00 Name that Object	9:30 Morning Fun 10:45 Chair Exercises 11:30 Sensory Time 1-2:00 Room Visits/1:1 2:45 Singalong 4:30 Picture Talk 5:30 Ballon Toss 6:00 Talk about It	9:30 Start Me Up 10:45 Ball Toss 11:30 Picture talk 1-2:00 Pretty Nails <b>2:30 March BD Party w/Kipp Sturgeon (Comm)</b> <b>2:45 Piano Man Frank</b> 4:30 Sensory Time 5:30 Basketball 6:00 Trivia	9:30 Rise & Shine 10:45 Active Games 11:30 Hand massages 1-2:00 Activity packets/ RM-RM visits 2:00 Scentsory Time 3:30 BINGO (Comm) 6:00 Reminisce w/Greg <b>6:00 Friends of Jesus (Comm)</b>	11:00 Fun w/ Adam (Comm) 2:30 Fun w/ Adam (EF) 3:45 Jeopardy (Comm)
10:30 Active Games 11:00 Cats' Morning Activity 1-2:00 RM Visits/1:1 2:45 Hit That Thing! <small>Palm Sunday</small>	9:30 Rise & Shine 10:30 Move to Music 11:30 Sensory Time 1-2:30 Zooms/ 1:1 <b>2:30 Matinee (Comm)</b> <b>2:45 Piano Man Frank</b> 4:30 Classic TV 5:30 Bowling 6:00 Family Feud	9:30 Shenanigans 10:45 Would You Rather 11:30 Picture Talk 1-2:00 Pretty Nails 2:45 Singalong! 3:30 BINGO 4:30 Sensory Time 5:30 Skunked 6:00 Name that Object				

ACTIVITIES & LOCATIONS MAY BE SUBJECT TO CHANGE

Complete Care Groton Regency, 1145 Poquonnock Road, Groton